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# Your education and training journey

Thinking about post-high school education and training options can be both exciting and overwhelming.

You might have questions like: What will I study? What kind of program do I need? What credential should I earn? The answers to these will depend on your lifestyle and goals.



#### Identify your goals

What kind of training or credential do you need to move closer to your target career?

How can an education or training program best fit into your life?

You might be focused on earning a credential as quickly as possible, or pursuing a specialized career path. Or perhaps your focus is on fitting a program into your schedule and lifestyle. Think about your needs, whether they relate to work, finances, time, method of learning, or other circumstances.

## Learn about pathways

MyFutureVT has everything you need to know about the education and training options available, so you can learn what works for you. Get the details and learn the difference between certificates, types of college degrees, Registered Apprenticeships, and more.

### **Explore programs**

Explore Vermont education and training programs on MyFutureVT. Filter options by the needs you identified earlier (cost, program duration location, and more). Try out different combinations of filters until you find programs that could work for you, and then explore your options.

#### Try to not get overwhelmed by cost

Education can be expensive, but most students don't pay the full sticker price and there are lots of resources available. MyFutureVT has the details about all the ways to make your education journey more affordable — from grants, to loans, to scholarships, and beyond.

Investigate. Visit program websites and see if you can picture yourself in that program.

Prepare. Talk to the people close to you about your interests. Reach out to the Vermont Student Assistance Corporation (VSAC.org) for financial aid help. Speak with a program representative to learn more and visit.

Take the leap. Apply!